

A progress report of the Drop in Centre, Chandni Chowk From June 1 2013– February 31 2014

Supported by: Child Health Foundation, New Delhi



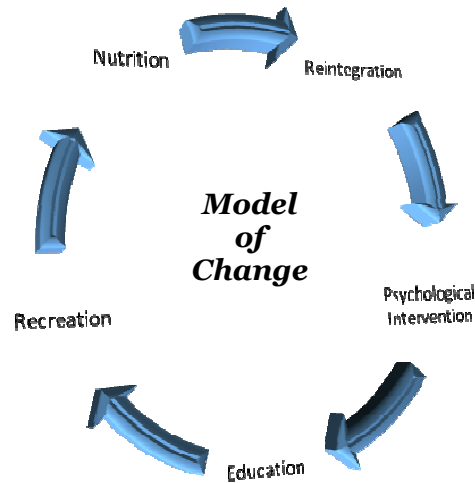
Objectives of the program

- Prevention of early drug use & abuse amongst children
- Awareness for prevention of communicable disease like diarrhoea, pneumonia, TB & to ensure immunization of children
- Non formal education, Life skills education, linkage with education & vocational training to prevent children on street from resorting to drugs & alcohol



Activities of the centre

- Referral for Detoxification services to SPYM's centre
- Weekly Visiting doctor and medical check-up facilities
- Psychological counselling and referral
- Individual, Family and Group therapy
- Home visits and follow up services
- Non-formal Education services and linkages with schools
- Vocational Training for future career opportunities
- Educational programs on life skills
- Clubs - such as drama, music, dance, arts and crafts
- Recreational activities e.g., TV, sports such as football and chess tournaments or card games
- Nutritious meals provided daily to approximately 40 children



Services at Shelter:

- Safe Shelter for children
- Counselling on addiction and relapse prevention to adolescents and family
- Healthy wholesome meals
- Medical services and referral
- Shelter Committee encouraging participation and leadership from children



Program Overview

A comprehensive assessment of all the children registered at the centre is made on parameters like general demographic profile (age, sex, educational background, occupation, living expenses and family history); past and current drug use; mode of drug use; availability and accessibility of drugs; physical and mental health assessment; sexual activity; attempts of abstaining from drugs and; issues of criminal activity associated with drug use.

The centre offers safe and peaceful space for the children to take respite from the multiple challenges which they face on the streets. Lunch and dinner is offered every day, and clean water is available at the centre. Informal basic literacy classes are undertaken by a trained teacher everyday. Counselling and psychological support is offered by the psychologist suitably for the children. Recreational activities include various games, television and screening of movies.

The student interns and community outreach worker undertake regular field visits. Interactions are undertaken with family members to discuss the issues, problems faced and examine the difficulties faced in re-integration of children in their respective families. Family members are encouraged to visit the ODIC and familiarise themselves with services offered. Involvement of family is assured to aid smooth transition & reintegration of the children.

Project Activities carried out from 1st June 2013 to 31st February 2014

S.N	Description of activities	Nature of activities	No. of Sessions	Beneficiaries including new monthly registration (Cumulative)
1	Counselling	Weekly	220	82
2	Individual & group therapy	Daily	220	82
3	Meditation & Yoga	Daily	224	69
4	Referrals	Daily	-	29
5	NFE Classes	Daily	237	68
6	Recreation including games & computer classes	Daily	237	78
7	Educational sessions on drug abuse, Health & hygiene & various communicable diseases	Daily	220	81
8	Outdoor educational visits	Monthly	8	150
9	Health Check up	Fortnightly	18	92
10	Community Mobilization	Fortnightly	18	150
11	Sensitization Meeting with Stakeholders	Weekly	36	25
12	Provision of meals	Daily	269	82
13	Awareness campaigns cum street play	Monthly	9	125
14	Clothes distribution	Monthly	9	218
15	Special Event (Festival & Birthday Celebration)	-	34	217



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